

Wellness Connection

An initiative of Faith in the City

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Wellness Connection

Office Hours:

Monday–Friday

12:30 PM–4:30 PM

and by appointment



Wellness Connection

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Referral, and Advocacy

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WHAT CAN WE DO FOR YOU?

THE PROJECT

Initiated by Faith in the City, the Wellness Connection is a collaborative project by community service agencies, health care providers, and faith communities in Minneapolis.

Our vision is to increase the quality of life within the Somali refugee and high-risk populations in the Phillips and surrounding neighborhoods.

Our goal is to create an increased quality of health and wellness for individuals and their families.

Question and Answer

Q. What is the Wellness Connection?

A. The Wellness Connection will provide a link to the Minnesota health care system. People who come to the center will learn how our health care system works, how to access it, and how to determine and locate appropriate resources.

Services include health education, assistance getting to appointments, completing paperwork, referrals, and other services based on need.

Q. How much does it cost?

A. The Wellness Connection is free to all visitors.

Q. What is the mission?

A. To provide knowledge and to teach skills so people can independently access appropriate health care.

Q. Who is the center for?

A. The center is for any refugee, immigrant, or high-risk families or individuals in the Minneapolis-St. Paul metro area.

Q. Who assists the clients?

A. Four Somali bi-lingual health care workers, volunteers, and a program coordinator will manage the center's daily activities.

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